

# Serving Family Meals

# Why are family meals important?

- They are a time when everyone can relax
- enjoy food
- talk with one another
- catch up on family & have fun!

# What can happen when people read or watch television while they eat?

- They may pay little attention to what they are eating and how much they are EATING....

# What is a place setting?

- The pieces of tableware used by one person to eat a meal.

# What is a cover?

- The arrangement of a place setting for one person.

## How is flatware arranged in a cover?

- In the order in which it is used, starting at the outside and working in toward the center.

## Identify two advantages of plate service.

- Food remaining in pans can be kept warm
- Serving dishes do not have to be washed.

## Where in the cover are rolls placed for formal meals? Less formal meals?

- Formal meals: On a bread-and-butter plate above the forks.
- Less Formal: on the edge of the dinner plate.



# What is table etiquette?

- The courtesy shown by good manners at meals.

## **Name the 3 basic etiquette to use BEFORE eating:**

- Place the napkin on your lap before you start eating.
- If there are six or fewer people at the table wait until everyone is served before you begin to eat.
- You may reach for serving dishes as long as you don't have to lean across your neighbor.

# Name 5 basic etiquette tips WHILE eating:

- Don't talk with your mouth full.
- If you're having problems getting food onto your fork (like peas) push them on with a piece of bread.
- Break bread into smaller pieces before buttering them
- If you're dining at someone's home and aren't sure what to do, use your host's actions as a guide.
- Cut food into small pieces for eating.
- Sit up straight when you eat, don't lean on your elbows.
- If you must cough or sneeze cover your mouth

## 3 tips of basic etiquette AFTER eating.

- Never comb your hair or apply makeup while at the table.
- Don't leave a spoon in your cup. You might knock it over.
- When you have finished eating, place your fork and knife on your plate, pointing to the center.

# In what way can good table manners be an asset in the working world?

- Many business transactions take place over meals; often, when companies consider an applicant for a job, the interview may include a meal.

# How should you handle coughing or sneezing at the table?

- Cover your mouth and nose with a handkerchief or napkin; excuse yourself and leave the table if it continues.

# What information should you include when making reservations?

- Your name
- The number of people in your group
- And the time you plan to arrive

# What should you do if you find a mistake on the check for a meal?

- Quietly point it out to the server.



# What is a gratuity? What is another name for a gratuity?

- Extra money given to the server in appreciation for good service;
- Tip

# How much to tip

Average	15 %- more if service was exceptionally good.
Fancy restaurants	20 %
Coffee Shops	No less than 25 cents if just a beverage was ordered. If food is ordered, 15 % of the bill or at least 50 cents whichever is greater.
Buffet-type restaurant	10 % if a server filled water, brought beverages.
Fast-food	No tip required.

**What should you do if you voice a complaint to your server about a meal, and nothing is done?**

- Speak to the manager.

# Table Appointments

