

Measurements and Equivalences

Tbsp = Tablespoon

T = Tablespoon

tsp = teaspoon

t = teaspoon (3t = 1 Tbsp)

c = cup

lb = pound

oz = ounce

pt = pint

gal = gallon

qt = quart

= yield (number of servings)

1lb = 16oz

1c = 8oz

1qt = 2pt

1 gal = 4qt

1qt = 4c

Measurements and Equivalences

$$1T = 3t$$

$$1c = 16T$$

$$1pt = 2c$$

$$1gal = 16c$$

$$1 \text{ stick butter} = \frac{1}{2} c \text{ or } 8T$$