"Bee" Prepared

How does making decisions help you to be prepared?



Decision Making

DECISION MAKING

Making decisions – follow a procedure Procedure called: Decision Making Process [this is a specific method of solving problems]

The decisions you make now will affect your <u>GOALS</u> in life!

How do you make decisions?

- gut instinct
- intuition
- make a list
- avoid it
- impulsive
- ask others
- imitate others

EVERYDAY DECISIONS Routine and Easy [these become habits] brushing your teeth • what to wear How you to get to school shoes to put on, etc.

IMPORTANT/CRITICAL/ MAJOR DECISIONS

 Dating College Career • Lifestyle Health Issues

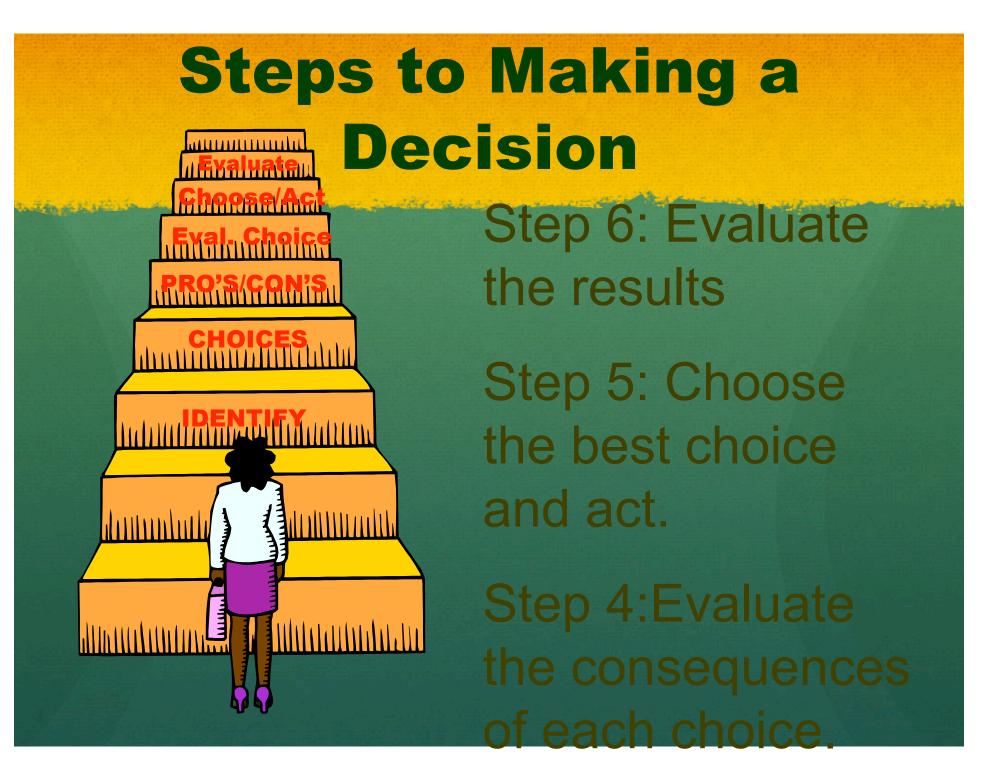
Steps to Making a Decision

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Step 3: Identify possible choices

Step 2: Gather & examine information

Step 1: Identify the decision to be made



What influences your decisions? Self-image Other Commitments Peer Pressure Peer Pressure Parental Expectations

Society's Expectations

WHY PEOPLE AVOID MAKING DECISIONS

 Involves risks Easier to let others decide, then to risk the consequences To Avoid making a bad decision MAKING NO DECISION IS MAKING A DECISION

Choice vs. Chance

- Every day we make choices based on the chance that certain events might occur.
- We estimate the probability for the event to occur.
- Then we examine the consequence of the event and make a decision.