

“Bee” Prepared

**How does
making
decisions help
you to be
prepared?**





Decision Making

DECISION MAKING

Making decisions – follow a procedure

Procedure called: Decision Making Process

[this is a specific method of solving problems]

*The decisions you make now will affect your
GOALS in life!*

How do you make decisions?

- gut instinct
- intuition
- make a list
- avoid it
- impulsive
- ask others
- imitate others

EVERYDAY DECISIONS

Routine and Easy

[these become habits]

- brushing your teeth
 - what to wear
- How you to get to school
 - shoes to put on, etc.

IMPORTANT/CRITICAL/ MAJOR DECISIONS

- Dating
- College
- Career
- Lifestyle
- Health Issues

Steps to Making a Decision



Step 3: Identify possible choices

Step 2: Gather & examine information

Step 1: Identify the decision to be made

Steps to Making a Decision



Step 6: Evaluate the results

Step 5: Choose the best choice and act.

Step 4: Evaluate the consequences of each choice.

What influences your decisions?

**Other
Commitments**

Self-image

Peer Pressure

Parental Expectations

Society's Expectations

WHY PEOPLE AVOID MAKING DECISIONS

- Involves risks
- Easier to let others decide,
then to risk the consequences
- To Avoid making a bad decision

MAKING NO DECISION IS
MAKING A DECISION

Choice vs. Chance

- Every day we make choices based on the chance that certain events might occur.
- We estimate the probability for the event to occur.
- Then we examine the consequence of the event and make a decision.